



# NOTE Ability

THE GUNNEDAH WORKSHOP ENTERPRISES  
NEWSLETTER  
Volume 12 Issue 1

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*Providing employment & training for people with a disability*

www.gunnedahworkshop.org.au  
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GunnedahWorkshopEnterprisesLtd

## MANAGER'S REPORT

The footy tipping is over for another year and the results are:

- 1st The Boss
- 2nd Lorraine
- 3rd Laurence

There was only a couple of points difference between half a dozen tipsters.

We say adios to Lorraine this month. I hope she enjoys whatever the future holds for her and she will not be lost forever as she has offered to come in and help when needed.

GOOD LUCK LORRAINE!

THE BOSS



-  **RECYCLIT**
-  **Bower Bird Shop**
-  **MOOKI WOODWORKS**
- COMMUNITY CONTRACTS**
-  **TOP HAT COSTUME HIRE**

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H&S Topic:

# OCTOBER 2016

First Quarter ☾  
Last Quarter ☽  
Full Moon ○  
New Moon ●



Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31 Board Meeting					1
2	3 PUBLIC HOLIDAY	4	5	6 Health and Safety	7 Dave T	8 ☾
9	10	11 Workers Committee	12	13 Pay	14	15 COUNTRY MARKETS
16 ●	17	18	19	20	21 Kylie	22 ☽
23 Mitchell	24 Annual General Meeting	25	26 Area Meeting	27 Pay	28 Laurence	29



Greetings,

We have been selling a lot of rag recently so we are busy cutting, sorting and sewing up new bags of rag.

Top Hat was really busy with costume hire for book week so Tabitha and Rebecca A spent a lot of time out there helping with costumes.

We were very lucky to have lovely weather last Thursday for our farewell barbecue for Lorraine. It was also very nice to have employees from all areas along with parents and carers join us for a great feed. Ray and the Mooki employees did a top job with the cooking. I think Mick helped too. We heard lovely words from Mick and Lorraine and then got to go home early... **BONUS!!!** We wish Lorraine all the best in her retirement.

With all the rain we have been having it is hard to believe that Summer is just around the corner. Nevertheless we will soon be feeling the heat so remember to drink plenty of fluid and keep sun safe.



Need a costume for a theme party, Book Week, the Eisteddfod or putting a play on at School?

Look no further than **Top Hat Costume Hire** located at Gunnedah Work Shop Enterprises Ltd, 71 Conadilly Street Gunnedah. Phone (02) 6742 1318.

We have a great range of costumes and accessories in sizes from children to adults and a wide and diverse wardrobe of characters to choice from.

Trestle tables are also now for hire. Planning a party or function—think Top Hat Costume Hire.



## Car Makers

Find the names of the car manufacturers in the list. The names can be up, down, forward, backward, or diagonal.

- ACURA
- AUDI
- BMW
- BUICK
- CADILLAC
- CHEVROLET
- CITROEN
- CHRYSLER
- DAEWOO
- DODGE
- EAGLE
- FERRARI
- FORD
- GMC
- HONDA
- HUMMER
- HYUNDAI
- INFINITI
- ISUZU
- JAGUAR
- JEEP
- KIA
- LAND ROVER
- LAMBORGHINI
- LEXUS
- LINCOLN
- LOTUS
- MASERATI
- MAZDA
- MERCEDES BENZ
- MERCURY
- MINI
- MITSUBISHI
- NISSAN
- OLDSMOBILE
- PEUGOT



- PONTIAC
- PORSCHE
- RENAULT
- SAAB
- SATURN

- SUBARU
- SUZUKI
- TOYOTA
- VOLKSWAGEN
- VOLVO



## Farewell to Lorraine

Lorraine has been with us for the last thirteen years. She has mentored many people over the years and has also been a constant source of knowledge and help to Mick.

We will miss her happy face and cheerful laugh and all the helpful things she does for all the clients.

Thank you Lorraine for all the hard work, time and effort you have given us. We will all miss you.



Hi from Mooki,  
It is all very quiet with the survey pegs as we have plenty of stock in the shed but next to no orders coming in. Prydes have been the main line of work for the guys and all are getting the knowledge of how to put stickers on the buckets and filling them to the correct weight.

We had a BBQ to farewell Lorraine for the employees and family, which everybody seemed to enjoy. We will miss her greatly with all her expertise around here and wish her all the best in the next chapter of her life. We hired our trestles and tables to the Gunnedah Swap Meet early in the month. Thanks to Mark for taking them up to the showground and collecting them on Sunday afternoon. If anyone is in need of some trestles, we have 39 of them which are 3 metres long by 660mm wide for \$5 hire each. That is all for this month and I hope we get some orders in the near future so the guys will have some work to do.

Ray

Old people at weddings  
always poke me and  
say "You're next." So,  
I started doing the same thing  
to them at funerals.



Hi Everyone,

We hope you have had a good month. Nothing exciting has happened this last month at Recyclit. We have all been really working hard and efficiently with all the Recycling we receive from the community.

We have had the colds and flu's hit a few people out here and with spring here we are conscious of Hay Fever and Sinus. The Bower Bird Shop is quiet empty so if you know of any one that has items they no longer need, donations are greatly accepted.

With Lorraine sadly leaving some of the Staff and Employees went along to her farewell BBQ that was held in town. We at Recyclit wish her all the best on her new endeavours. Enjoy yourself Lorraine.

That's all till next month,

Recyclit.

## **THE BOWER BIRD SHOP**



The Bower Bird Shop is your one stop shop for pre-owned furniture, kitchen ware, nick knacks, outdoor/ garden items, tools and much more, or are you looking for projects to do.

Do you have any unwanted non-electrical items large or small that are no longer used? Are you moving and don't want to take some things with you, then we are the place for you.

All donations greatly accepted, all sales go back into assisting the employees i.e. Training and assistance.

The Bower Bird Shop is open Monday to Thursday 8am to 3.45pm, Friday 8am to 2.45pm and Saturday 9am to 11am, inside the Recyclit Shed at Gunnedah Waste Management Facility, 418 Quia Rd Gunnedah (02) 67421522.

- 1) What trees do fortune tellers look at?
- 2) When is a door not a door?
- 3) Why is a scrambled egg like a cricket team?
- 4) What did the big chimney say to the little chimney?
- 5) What do Alexander the Great and Kermit the Frog have in common?
- 6) Three men in a boat, it capsizes but only two men get their hair wet why?
- 7) If everyone bought White Cars what would we have?
- 8) What goes through water but never gets wet?
- 9) What can you give away but also keep?
- 10) What can jump higher than a house?

Answers: 1) Palms, 2) When it's ajar, 3) They both get beaten, 4) Your too young to smoke, 5) The same middle name, 6) The third man was bald, 7) A white Carnation, 8) A ray of sunlight, 9) A cold, 10) Nothing a house can't jump.

# What's on in Gunnedah

15th October Gunnedah Country Markets—Woolsley Park 8.30am to 1.30p
30th October Balcary Park Practice Day—Gates open at 8am close 4pm
6th and 20th October Elders Bingo Red Chief Aboriginal Land Council doors open 10.30am to 2pm.



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## **NATIONAL STANDARDS FOR DISABILITY SERVICES**

### **STANDARD 1—RIGHTS**

**You have the right to be treated fairly when you use a Disability Service.**



#### **Rights for people**

You have the right to exercise control and choice when you use services or supports. You also have the right to dignity of risk and to be free from discrimination or harm.

#### **Outcome for people**

You can make choices about the services and supports you use, and how you use them. When you use a service or support, you are respected and safe.

#### **Standard for service**

The service promotes individual rights to freedom of expression, self-determination and decision-making and actively prevents abuse, harm, neglect and violence.

#### **Indicators of practice**

<b>1:1</b>	The service, its staff and its volunteers treat individuals with dignity and respect.
<b>1:2</b>	The service, its staff and its volunteers recognise and promote individual freedom of expression.
<b>1:3</b>	The service supports active decision-making and individual choice including the timely provision of information in appropriate formats to support individuals, families, friends and carers to make informed decisions and understand their rights and responsibilities.
<b>1:4</b>	The service provides support strategies that are based on the minimal restrictive options and are contemporary, evidence-based, transparent and capable of review.
<b>1:5</b>	The service has preventative measures in place to ensure that individuals are free from discrimination, exploitation, abuse, harm, neglect and violence.
<b>1:6</b>	The service addresses any breach of rights promptly and systemically to ensure opportunities for improvement are captured.
<b>1:7</b>	The service supports individuals with information and, if needed, access to legal advice and/or advocacy.
<b>1:8</b>	The service recognises the role of families, friends, carers and advocates in safeguarding and upholding the rights of people with disability.
<b>1:9</b>	The service keeps personal information confidential and private.

## History of Australian cricket cont P10

The **History of Australian cricket** begins over 200 years ago. The first recorded cricket match in Australia took place in Sydney in December 1803 and a report in the [Sydney Gazette](#) on 8 January 1804 suggested that cricket was already well established in the infant colony.<sup>[1]</sup> By 1826, clubs including the Currency Cricket Club, the Military Cricket Club and the Australian Cricket Club had been formed and [Hyde Park](#)<sup>[2]</sup> and the Racecourse<sup>[3][4]</sup> were the venue for these organised matches.<sup>[5][6][7]</sup> The formation of clubs in [Van Diemen's Land](#) (later [Tasmania](#)) was not far behind with clubs formed in [Hobart](#) in 1832 and [Launceston](#) in 1843. In Victoria in 1838, arguably Australia's most exclusive and influential cricket club was formed, the [Melbourne Cricket Club](#). Clubs in the other colonies followed in [South Australia](#) in 1839, and in [Western Australia](#) in 1835 a match was arranged between the labourers and mechanics against the builders of the new [Government House](#).<sup>[5]</sup>

[Intercolonial cricket in Australia](#) started with a visit by cricketers from [Victoria](#) to Tasmania in February 1851.<sup>[5]</sup> The match was played in Launceston on 11–

The first tour by an English team to Australia was in 1861–62, organised by the catering firm of Spiers and Pond as a private enterprise. Captained by [HH Stephenson](#), the team largely consisted of cricketers from [Surrey](#) and while not wholly representative was reasonably strong. While the locals efforts, even when receiving odds, were mostly in vain, the tour was popular with spectators and highly profitable for the cricketers and promoters alike. A further tour followed in 1863–64, led by [George Parr](#) and was even more successful than the last.<sup>[9]</sup>

In 1868, [Aboriginal](#) cricketers became the first Australian team to tour England. The team was captained by [Charles Lawrence](#), a member of Stephenson's team in 1861 who remained in Australia, and mainly recruited from the [Harrow](#) and [Edenhope](#) areas of the [Wimmera](#) region in western Victoria. Including outstanding cricketers such as [Johnny Mullagh](#), the team played 47 matches, winning 14, drawing 19 and losing 14. In addition to cricket, the players demonstrated athletic prowess before after and during games, including throwing [boomerangs](#) and spears. The heavy workload and inclement weather took its toll with [King Cole](#) contracting a fatal case of [tuberculosis](#) during the tour.<sup>[10]</sup>

Further tours by English teams took place in 1873–74 (featuring the most notable cricketer of the age [W.G. Grace](#)) and 1876–77.<sup>[9]</sup> The 1876–77 season was notable for a match between a combined XI from New South Wales and Victoria and the touring Englishmen at the [Melbourne Cricket Ground](#) played on 15–19 March. This match, later to be recognised as the first Test Match, was won by Australia by 45 runs thanks mainly to an unbeaten 165 by [Charles Bannerman](#). The result of this match was seen by Australians and Englishmen as a reflection of the rising standard of Australian cricket.<sup>[11]</sup>

# LEGEND CORNER

Written by Lorraine Maddigan

Hello and goodbye,

I just want to say a huge thank-you to everyone for the beautiful wishes and gifts you have given me to send me on my way. It has been very humbling to read the sentiments that people have written and I could cry every time. I shall miss you all and will be looking forward to hearing how everyone is getting on. I have promised to catch up with many over coffee and cake in the future so I will be sure to hear all the latest news. Of course, I will also be available to help Rhonda out from time to time once I get back from my next trip away.

I have just four days left as I write this and then I will be semi-retired. At this stage I have so much planned to do that I don't know how I will get everything done but I am sure after a few weeks I will settle into some routine and finish a few projects.

I wish you all the very best. Stay well, enjoy life and work and be happy.  
Lorraine



## Our legend of the month

This month I would like to acknowledge our volunteer Jayde Bain. Jayde is taking part in the work for the dole programme through Joblink Plus. She has been with us for a couple of months now and fitted in extremely well from day one. Jayde has shown that she is very capable picking up tasks quickly and has been a huge help to Lyn and the girls in the Top Hat Shop with a very busy period of various school's book week events. Although she is only required to do an amount of hours she is here Monday to Thursday and has even offered to help out on Fridays if needed. At present she is taking on a supervisory role while Lyn is on leave and has had the girls cooking and doing craft with lots of chatter and laughter going on which is really nice to hear. She has a fantastic rapport with the employees and has a knack of making sure every one of them is included. Thank you Jayde you are a breath of fresh air and your help and friendly manner is greatly appreciated.....you are a legend.



## History of Australian cricket

and Victoria and the touring Englishmen at the [Melbourne Cricket Ground](#) played on 15–19 March. This match, later to be recognised as the first Test Match, was won by Australia by 45 runs thanks mainly to an unbeaten 165 by [Charles Bannerman](#). The result of this match was seen by Australians and Englishmen as a reflection of the rising standard of Australian cricket.<sup>[11]</sup>

The rising standards of Australian cricket was further established during the first representative tour of England in 1878. While the Australians did not play a representative English team on this tour, the efforts of players such as [Billy Murdoch](#), [Fred Spofforth](#) and [Jack Blackham](#) attracted much public interest. A return visit in 1878-79 is best remembered for a [riot](#) and by the time Australia visited England in 1880, playing the first Test in England at [The Oval](#), a system of international tours was well established.<sup>[9]</sup> A famous victory on the 1882 tour of England resulted in the placement of a [satirical obituary](#) in an English newspaper, *The Sporting Times*. The obituary stated that English cricket had died, and the *body will be cremated and the ashes taken to Australia*. The English media then dubbed the next English tour to Australia (1882–83) as the quest to regain [The Ashes](#).<sup>[12]</sup>

The [Sheffield Shield](#), the premier [first-class cricket](#) competition in Australia, was established in 1892 by the [Australasian Cricket Council](#), the first attempt at a national cricket board.<sup>[5]</sup> The Shield was purchased from funds donated by [Lord Sheffield](#), the financier of the English tour of 1891-92. The Council was formed with representation from New South Wales, Victoria and South Australia and with the aim of regulating intercolonial cricket and organising international tours. This last aim met resistance from the leading players of the day such as [George Giffen](#). The players had previously run tours as a private enterprise, splitting profits amongst themselves and were unwilling to relinquish control of appointing a captain and team selection. Conflict between players and administrators would become a running theme in Australian cricket.<sup>[5]</sup>

Cricket at the MCG in 1854



## RECIPES

### Liquorice All Sort Slice

Prep time 20 mins  
Total time 20 mins

Serves: 12  
Ingredients

- Melted butter, to grease
- 125g butter, chopped
- 160ml (2/3 cup) sweetened condensed milk
- 1 tablespoon golden syrup
- 1 x 250g pkt plain sweet biscuits (such as Marie biscuits) crushed
- 45g (1/2 cup) desiccated coconut
- 1 x 375g pkt liquorice allsorts, coarsely chopped
- 200g dark cooking chocolate, chopped
- 30g cophia

#### Method

- Line and grease a 18 x 32cm slice tray with baking paper.
- Combine the butter, condensed milk and golden syrup in a medium saucepan over low heat.
- Cook, stirring continually, for 5 minutes or until butter has melted and the mixture is smooth.
- Pour into a large heatproof bowl and add the crushed biscuits, coconut and liquorice allsorts and stir until just combined.
- Press the mixture into the base of the prepared pan and set aside for 30 minutes to set.
- Place the chocolate and cophia/coconut oil in a heatproof bowl over a saucepan half-filled with simmering water (make sure the bowl doesn't touch the water).
- Use a metal spoon to stir over low heat until chocolate has melted the and mixture is smooth.
- Pour the melted chocolate over the slice.
- Place into the fridge for 1 hour to set.
- Cut into squares to serve.



## Wrong email address:

A couple were going on vacation but the wife was on a business trip so he went to the destination first and his wife would meet him the next day.

When he reached his hotel he decided to send his wife a quick email.

Unfortunately, when typing her address he mistyped a letter and his note was directed instead to an elderly preacher's wife whose husband had passed away only the day before.

When the grieving widow checked her email, she took one look at the monitor, let out a piercing scream, and fell to the floor in a dead faint.

At the sound her family rushed into the room and saw this note on the screen:

*Dearest Wife,  
Just got checked in. Everything prepared for your arrival tomorrow.  
P.S. Sure is hot down here.*



## Trivia

- 1 Sheriff Woody Pride and Buzz Lightyear are major characters in what film?
- 2 Who were the winners of 2010's Britain's Got Talent?
- 3 What sort of animal is Basil Brush?
- 4 What is the name of Donald Duck's girlfriend?
- 5 In which town do the Flintstones live?
- 6 What came over the hill and blew "whoa whoa"?
- 7 Which television programme shares its name with a naval flag?
- 8 How are Oritsé, JB, Marvin and Aston known collectively?
- 9 Which organisation is based on Tracy Island?
- 10 What is the name of the nanny played by Emma Thompson in two films?
- 11 Which resident of Jellystone Park is "smarter than the average bear"?
- 12 Leona Lewis and Alexandra Burke are former winners of which competition?
- 13 What is the name of Shrek's wife?
- 14 Which television series is set in the town of Pontypandy?
- 15 What is the name of the hero in The Lion King?

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1) Toy Story 2) Spellbound 3) A fox 4) Daisy 5) Bedrock 6) The runaway train 7) Blue Peter 8) JLS 9) International rescue (in Thunderbirds) 10) Nanny McPhee 11) Yogi Bear 12) The X Factor 13) Princess Fiona 14) Fireman Sam 15) Simba